

06

JUNE

NORTHERN PLATTE COUNTY SENIOR ACTIVITIES



2024

Monday	Tuesday	Wednesday	Thursday	Friday
3	<p>Weston 9-10:30 Cards 10:30 Chair Yoga</p> <p>Dearborn 10-10:45 Chair Yoga 11-11:45 Light Exercise</p>	<p>PLATTE CITY 9:30 Coffee 10:30-11 Chair Yoga 11:15-11:45 Balance & Strength 12-2:30 Bingo</p>	<p>Weston 9-10:30 Breakfast 10:30 Chair Yoga</p> <p>Dearborn 10-10:45 Chair Yoga 11-11:45 Light Exercise</p>	<p>PLATTE CITY 9:30-10:30 Coffee 10:30-11 Chair Yoga 11:15-11:45 Balance & Strength 12-2:30 Cooking Class</p>
10	<p>Weston 9-10:30 Cards 10:30 Chair Yoga</p> <p>Dearborn 10-10:45 Chair Yoga 11-11:45 Light Exercise</p>	<p>PLATTE CITY 9:30-10:30 Coffee 10:30-11 Chair Yoga 11:15-11:45 Balance & Strength 12-2:30 Bingo</p>	<p>Weston 9-10:30 Breakfast 10:30 Chair Yoga</p> <p>Dearborn 10-10:45 Chair Yoga 11-11:45 Light Exercise 12-1 Bingo</p>	<p>PLATTE CITY 9:30-10:30 Coffee 10:30-11 Chair Yoga 11:15-11:45 Balance & Strength 12-2:30 Crafts</p>
17	<p>Weston 9-11 Cards 11-12 Tech Connect</p> <p>Dearborn 10-10:45 Chair Yoga 11-11:45 Light Exercise</p>	<p>PLATTE CITY 9:30-10:30 Coffee 10:30-11 Chair Yoga 11:15-11:45 Balance & Strength 12-2:30 Bingo</p>	<p>Weston 9-10:30 Breakfast 10:30 Cards</p> <p>Dearborn 10-10:45 Chair Yoga 11-11:45 Light Exercise</p>	<p>PLATTE CITY 9:30-10:30 Coffee 10:30-11 Chair Yoga 11:15-11:45 Balance & Strength 12-2:30 Book Club</p>
24	<p>Weston 9-10:30 Cards 10:30 Tech Connect</p> <p>Dearborn 10-10:45 Chair Yoga 11-11:45 Light Exercise 12-1 Bingo</p>	<p>PLATTE CITY 9:30-10:30 Coffee 10:30-11 Chair Yoga 11:15-11:45 Balance & Strength 12-2:30 Bingo</p>	<p>Weston 9-10:30 Breakfast 10:30 Chair Yoga</p> <p>Dearborn 10-10:45 Chair Yoga 11-11:45 Light Exercise</p>	<p>PLATTE CITY 9:30-10:30 Coffee 10:30-11 Chair Yoga 11:15-11:45 Balance & Strength 12-2:30 Crafts</p>