

March / April

Breaktime Club – Platte County

2nd and 4th Thursday of the month Gloria Dei Lutheran Church 5409 NW 72nd, St., KCMO

There is a fountain of youth: it is your mind, your talents, the creativity you bring to your life and the lives of the people you love. When you learn to tap this source, you will truly have defeated age. – Sophia Loren

Northland

repherd's Center



<u>APRIL 11</u> GARLIC HERB CHICKEN BREAST OVEN ROASTED VEGGIES



MEATLOAF AU GRATIN POTATOES GREEN BEANS