



Platte County Community Centers
BETTER TOGETHER

FIND YOUR BALANCE



Fall Prevention Seminar
PLATTE COUNTY COMMUNITY CENTER SOUTH

September 28th

10 a.m. to 1 p.m.

Everyone is welcome to our Falls Prevention Seminar. It's a come and go event with vendors, speakers, and a donut/coffee food truck.

10-10:30 a.m. - Dr. Lee will be speaking

10:45-11:05 a.m.- Tai Chi taught by Sue Ellen

11:10-11:40 a.m.- Susan Rumor from Capable will be speaking

Noon-12:30 p.m.- Bingo led by Platte County Senior Fund

12:35-12:55 p.m.- Kasey from Modern PT will be speaking

For questions contact

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