

PLC Community Group

Connecting with Others

*with host Becky Franklin - Therapist, Educator, and
Northland Grandfamilies Program Coordinator*

Wednesdays in April
10:30am to noon
Parkville Living Center

Presentations and Discussions:

Engage as you Age

Avoiding Isolation in Older Adulthood

Boredom Busters to Improve Mental Health

Handling Conflict and Confrontation in Conversation

For registration and inquiries :

<https://parkvillelivingcenter.org/comm-group>

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