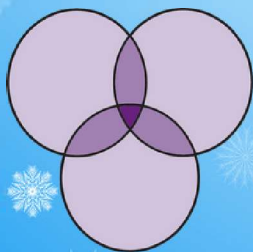


TOGETHER WE CARE
INVITES YOU:
JANUARY CARING CAFE

Winter Pep Time

Wednesday January 18th
2-4PM @ Northland Shepherd Center
5601 NE Antioch Rd, Gladstone, MO 64119
RSVP to (816) 468-0400 x330

Come learn practical ways to stay active as a means of combating the Winter Blues. We look forward to doing some guided activities together, discussing tools for coping through the winter months and staying warm with hot cider or hot cocoa.



TRI-COUNTY
MENTAL HEALTH
SERVICES, INC.

