



Together We Care Invites You:

NOVEMBER CARING CAFE

Coping with the Holidays

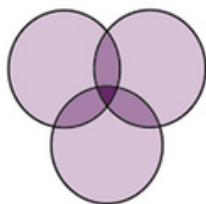
WED, NOV. 16TH FROM 2 - 4 PM

AT NORTHLAND SHEPHERD'S CENTER

5601 NE ANTIOCH RD, GLADSTONE, MO 64119

RSVP TO (816) 256-8096

Caring Cafe is a gathering of caregivers and loved ones in a casual environment. Join us for refreshments, socialization, and practical strategies for coping with stress during the holiday months.



**TRI-COUNTY
MENTAL HEALTH
SERVICES, INC.**



Northland Shepherd's Center
Helping Seniors Thrive