

THE SENIOR SOURCE

Are You Raising a Grandchild?



You've raised your children. You are making plans to retire and finally settle into a slower pace of life. Then suddenly you are faced with raising your grandchildren. You think this can't be happening. Where will you turn? How will you cope with the added expense and worry of raising a new generation?

You are not alone. Nearly 3 million children in the United States are being raised by grandparents, because their adult children are experiencing a variety of issues ranging from substance abuse to mental illness to incarceration. Support is available through the Northland Grandfamilies Program, which is a partnership between the Platte County Senior Fund, Clay County Senior Services, Mid-America Regional Council and Tri-County Mental Health Services, Inc. The program is designed to assist grandparents and other relatives raising children with various issues they face including legal concerns, financial burdens and emotional or physical stress.

The Northland Grandfamilies Program offers monthly support group meetings with educational topics, speakers and resources. Referrals to social service agencies and community organizations are also made. The meetings are free to participants and open to any grandparent, aunt, or uncle raising children who are 18 years old and younger. Support group meetings are monthly.

To learn more about the Northland Grandfamilies Program or to attend a support meeting, call Becky for further details and to RSVP at

**(816) 468-0400 x300 or
beckyf@tri-countymhs.org.**



Thank you to our Sponsors



Platte County Senior Fund

816-270-2800

www.platteseniors.org

Transportation for COVID-19 Vaccines and Testing

This service is only **FREE** for the **COVID-19 vaccine and COVID-19 testing for procedure/surgeries**. Individuals that need COVID-19 testing must be vaccinated or show no signs of COVID-19. Residents of communities with transportation service are not eligible to utilize our transportation service.

Rides must be scheduled no later than 2:00 p.m. the day before ride is needed. A 50-mile limit per 1-way ride will apply. A companion can always ride for **FREE**.

****FREE** transportation to COVID-19 vaccines/testing will not affect any other transportation guidelines, limits or requirements.



NEW PERSONAL SAFETY MONITORING SYSTEM

To find out about our new PSM program please call the office to review your options.

816-270-2800



Platte County Senior Fund In-Home Services

PERSONAL CARE Assistance with bathing, toileting, shampooing, dressing, meal preparation and other personal care services are performed by a certified nurse's aid, home health or personal care assistant.

HOMEMAKER CARE Light housekeeping, laundry and similar services.

RESPIRE CARE Could you use a break? Respite care provides short-term breaks that can relieve stress, restore energy and promote balance for family caregivers. Must be providing 24/7 care.

**** Cost sharing is income based. Call office at 816-270-2800 for income guidelines.**



Senior Farmers' Market Nutrition Program

The Missouri Senior Farmers' Market Nutrition Program (MoSFMNP) provides benefit vouchers to low-income seniors (60 years of age and older) residing in the five counties served by MU Extension, Cass, Clay, Jackson, Platte and Ray. Eligible seniors receive 10 vouchers (\$5 each), totaling \$50 annually.

Vouchers can be exchanged for eligible foods at a farmers' market or roadside stand with an authorized farmer.

FOR MORE INFORMATION CALL (816) 482-5850



Platte Senior Services, Inc.

PSSI is planning to open the Senior Center to the public on July 1st. Please call the office for more details at **(816) 270-4100** or visit their website at **www.platteseniorservices.org**

Platte County Senior Fund

816-270-2800

www.platteseniors.org