

# BEACON

MENTAL  
HEALTH

## Caring Connections: Caregiver Support Group

Caregiving requires support and connection.

Join us on the 1<sup>st</sup> and 3<sup>rd</sup> Thursday of each month,  
10:00-11:30 am for support, empathy, understanding,  
collaboration and resources!

Northland Shepherd's Center  
5601 NE Antioch Rd. # 12  
Gladstone, MO 64119

For questions or to request a Zoom link,  
contact: [annk@beaconmh.org](mailto:annk@beaconmh.org)

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