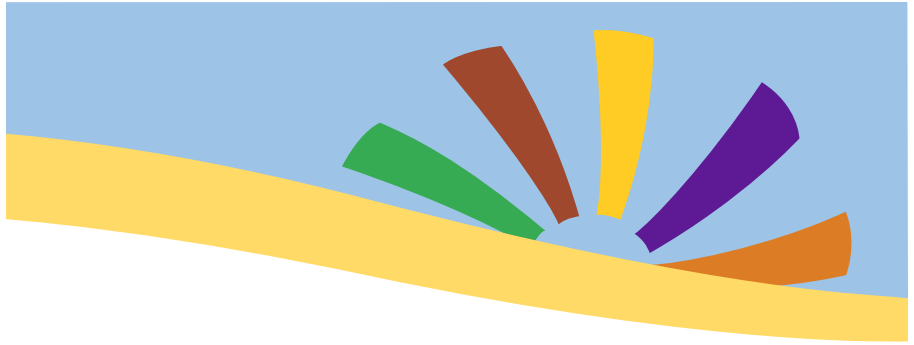


# BEACON

MENTAL  
HEALTH



Beacon Mental Health, Clay County Senior Services and the Platte County Senior Fund are excited to announce: On Your Terms: Coping with Life Transitions and Grief.

Explore how we process <sup>\*</sup>the variety of transitions commonly experienced as we age, and the grief that often accompanies these milestones. Join us we process, learn, support grow and connect with one another!

- 1st and 3rd Friday of the month
- 10:00-11:00 am
- Beacon Mental Health (3100 NE 83rd St. KC, MO 64119 (suite 2100 Therapy and Older Adult Services).
- Contact: [annk@beaconmh.org](mailto:annk@beaconmh.org) (816)468-0400 x330

